



I've got people looking out for me.

If you find it difficult to manage an ongoing heart condition, the **Coronary Artery Disease Support Program** may be right for you.

The program will connect you with a personal nurse who will work with you over the phone to help you improve your health. It is available at no additional cost as part of your health benefits plan.

See how small steps can lead to meaningful results by working with your nurse to:

- Better manage and reduce your risk factors, such as high cholesterol, high blood pressure, diabetes, obesity, smoking and lack of physical activity
- Maintain a healthy lifestyle and follow your doctor's treatment plans and medication recommendations, including proper use of beta blockers, ACE inhibitors, statins and antiplatelet medications
- Work to eliminate unnecessary hospital stays

The Coronary Artery Disease Support Program

The information provided through the Coronary Artery Disease Support Program is for informational purposes only and provided as part of your health plan. This service should not be used for emergency or urgent care situations. In an emergency, call 911 or go to the nearest emergency room. Coronary Artery Disease Support Program nurses, coaches or other representatives cannot diagnose problems or recommend specific treatment and are not a substitute for your doctor's care. Your personal health information is kept private in accordance with your plan's privacy policy. This program is not an insurance program and may be discontinued at any time.

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1-877-839-5404

**Call myNurseLineSM for
more information about
this program.**



BAPTIST HEALTH PLAN[®]



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